

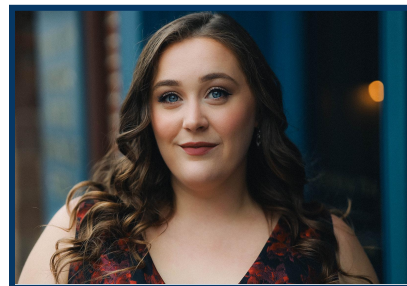
Cara Bender, soprano

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Roles

Mimi	<i>La bohème</i>	Chautauqua Opera	2025
Reverend (cover)	<i>Lincoln in the Bardo</i> (workshop)	Chautauqua Opera	2025
Donna Anna (partial)	<i>Don Giovanni</i>	The Florentine Opera Company	2023
Contessa Almaviva (partial)	<i>Le nozze di Figaro</i>	The Florentine Opera Company	2023
Masha (cover)	<i>The Queen of Spades</i>	Des Moines Metro Opera	2021
Giunone	<i>La Calisto</i>	New England Conservatory	2020
Lady with a Cake Box	<i>Postcard from Morocco</i>	New England Conservatory	2019
Fiordiligi	<i>Così fan tutte</i>	LAH Summer Opera Workshop	2019
The Mother & The Witch	<i>Hansel and Gretel</i> (English)	Due Donne Productions	2019
Mistress of the Novices	<i>Suor Angelica</i>	New England Conservatory	2019
Miss Jessel	<i>The Turn of the Screw</i>	Oberlin Opera Theater	2018
Donna Anna	<i>Don Giovanni</i>	Oberlin in Italy	2017

Scenes

Alice Ford	<i>Falstaff</i>	Des Moines Metro Opera	2021
Judith	<i>Bluebeard's Castle</i>	Des Moines Metro Opera	2021
Female Chorus	<i>The Rape of Lucretia</i>	Des Moines Metro Opera	2021
Thaïs	<i>Thaïs</i>	New England Conservatory	2019
Elettra	<i>Idomeneo</i>	New England Conservatory	2018

Concerts and Oratorio

Manon Lescaut, Violetta	<i>Opera and Pops Concert</i>	Chautauqua Opera Company	2025
Winner's Recital	<i>Graham Johnson Song Prize</i>	Songfest	2024
Soloist	<i>Al Fresco Concert</i>	The Florentine Opera Company	2023
Donna Anna, Helmwige	<i>R Larson Memorial Concert</i>	Des Moines Metro Opera	2021
Lieder Soloist	<i>Liederabend Concert Series</i>	New England Conservatory	2018-2020
Soprano Soloist	<i>Poulenc's Gloria</i>	Oberlin Conservatory	2017

Training and Competitions

Encouragement Award	Metropolitan Opera Laffont Competition, Tulsa District	2026
Apprentice Artist	Chautauqua Opera Company	2025
Art Song Prize Winner	The Songfest Graham Johnson Art Song Prize XXI	2024
International Finalist	The Mildred Miller International Voice Competition	2024
National Finalist	The American Prize Chamber Music Award	2024
Semi-Finalist	Federation of Art Song Competition	2023
Summer Studio Artist	The Florentine Opera Company	2023
Apprentice Artist	Des Moines Metro Opera	2020-2021
Young Artist	The Leeds Lieder Festival	2019
Master of Music	New England Conservatory	2018-2020
Finalist	The Oberlin Concerto Competition	2018
Bachelor of Music	Oberlin Conservatory	2014-2018

Teachers

Mark Schnaible
Trish McCaffrey
Sari Gruber
Jane Eaglen
Duane Mahy

Conductors

Steven Osgood
Stuart Chavetz
Robert Tweten
Christopher Larkin
David Neely

Directors

Keturah Stickann
Jill Anna Ponasik
Joshua Major
Steven Goldstein
Jonathon Field

Coaches

Jeanne-Minette Cilliers
Allison Voth
Jean Anderson
Kyle Naig
Cameron Stowe
William Hobbes
Lara Bolton
Tanya Blaich
Luke Housner
J.J. Pena

